LASER DEFINED VISION

POSTOPERATIVE INSTRUCTIONS – THE DAY OF SURGERY

EYE DROPS



ZYMAXID

Antibiotic to protect your eye against infection.



DUREZOL

Anti-inflammatory to help reduce swelling. SHAKE BOTTLE BEFORE USE.



REFRESH PLUS

Lubricating drops for comfort.

THE DAY OF SURGERY

Immediately go home and remove the shields to instill the first set of drops at 1 minute intervals:

Durezol (pink top)

x 1

Zymaxid 0.5% (tan top) x 1

Replace the shields and take a nap or relax with your eyes closed for at least 2-3 hours.

Whenever you awaken, repeat the above drops 3 times per day.

You also have *Refresh* tears in the bag to use as needed for irritation or dryness.

POST OPERATIVE DAY 1 • • •

The next morning, you may remove the shields and return to the office for follow-up as directed. Use the drops as directed the morning prior to seeing Dr. Stonecipher as well.

FOLLOWING POST-OP DAY 1

The suggested regimen is:

Durezol (pink top)

Zymaxid 0.5% (tan top)

3x/day for at least 7 full days; then stop.

Refresh Tears - Use 1 drop in the surgical eye(s)

4x/day for at least 2 months.

To avoid washing out the previously applied drops, wait approximately 1 minute between drops.
*If you receive generic eye drops, the bottles may look different than the pictures shown above.

LASER DEFINED VISION

POSTOPERATIVE PRK INSTRUCTIONS – THE DAY OF SURGERY



ZYMAXID

Antibiotic to protect your eye against infection.



ACUVAIL

Anti-inflammatory to help with pain.

USE ONLY FOR 48 HOURS.



FML

Anti-inflammatory to help reduce swelling.

SHAKE BOTTLE BEFORE USE.



REFRESH PLUS

Lubricating drops for comfort.

THE DAY OF SURGERY

Immediately go home and instill the first set of drops at 1 minute intervals:

FML 0.1% (purple label) x 1

Zymaxid 0.5% (tan top) x 1

Whenever you awaken, repeat the above drops at roughly 2-3 hour intervals while awake.

You also have *Refresh* tears in the bag to use as needed for irritation or dryness.

POST OPERATIVE DAY 1 • •

The next morning, you will return to the office for follow-up as directed.

Use the drops as directed the morning prior to seeing Dr. Stonecipher as well.

FOLLOWING POST-OP DAY 1 • • • •

The suggested regimen is:

Zymaxid (Antibiotic) – 1 drop in each operative eye 3 times a day for at least 7 full days..

Acuvail (Anti-inflammatory) – 1 drop in each operative eye 2 times a day as needed for pain for 48 hours.

FML (Steroid – shake well before using) – 1 drop in each operative eye:

4 times a day for 1 month

3 times a day for 1 month

2 times a day for 2 weeks

1 time a day for 2 weeks

Refresh Tears - Use 1 drop in the surgical eye(s) 4x/day for at least 2 months.

To avoid washing out the previously applied drops, wait approximately 1 minute between drops.
*If you receive generic eye drops, the bottles may look different than the pictures shown above.